

# SPANISH PEAKS SCOUT RANCH HIGH ADVENTURE DOCUMENT

This sheet is mainly an information sheet for the high adventure programs, backpacking and rock climbing. It can give us a better idea of your knowledge abilities and past experiences,

Our rock programs and backpacking programs aren't easy but can be tailored to suit your situation [within reason] our trails are steeper and have more gain and loss of elevation than Philmont. As with Philmont when you take on the trek we expect your group to complete it [rain, snow or shine] barring any health and safety occurrences again some decisions can be made on the trail. But your basic itineraries should not vary. All persons coming to Spanish Peaks Scout Ranch to backpack should come prepared ***mentally and physically*** to take on the challenge of our treks. We do pick up and drop off backpackers [using your transportation] on certain treks. But try not to become a taxi service unless there is a severe weather or health and safety problem. Our rangers [trail guides] carry cell phones for emergency contacts and are oriented to the intricacies of these mountains and trails. Our guides vary as to their age and experience and can teach from the basics to the more advanced. We have utilized the "leave no trace" ideology since our programs were started in the mid 60's

**SCOUTMASTERS THE FOLLOWING INFORMATION WILL BE USED TO EVALUATE YOUR TREK CREW AS TO THEIR ABILITIES, NEEDS AND DESIRES IN ORDER TO TRY TO PERSONALIZE YOUR EXPERIENCE AT SPANISH PEAKS SCOUT RANCH.**

. We need a list of youth and adults. Names, ages and permission forms if under 18 yrs. Their, training and past experience and where they have backpacked or climbed before. We need health histories and physical abilities on each person noting any health problems, medications taken regularly, hay fever, allergies or asthma, headaches, food allergies bone or joint injury histories, surgical operations or other prior health problems. These will be noted on health forms also.

WE WOULD LIKE YOU TO GIVE US SOME OF THE GOALS YOU WOULD LIKE TO EXPERIENCE OR ASSOMPLISH WHILE YOU ARE HERE. By knowing the group's experience and potential we can tailor your experience and fit you with the best guide for your situation.

ARE THERE ANY ADULTS THAT ARE OVER WEIGHT --HAVE A HISTORY OF HIGH BLOOD PRESSURE --A HISTORY OF HEART DISEASE-- HAVE HARDENING OF THE ARTERIES--HIGH BLOOD CLOSTEROL, OR TAKE MEDICATION ON A REGULAR BASIS? Our high adventure programs can be very strenuous for the unprepared. It's your responsibility to be in good physical shape!

**PLEASE SEND THIS INFORMATION IN TO THE COUNCIL OFFICE NO LATER THAN JUNE FIRST!**

REMEMBER WE ARE A MOUNTAIN CAMP WITH THE AVERAGE TRAIL ELEVATION OVER 9,000 ft., THE TERRAIN CAN BECOME VERY ROUGH. IT'S BEEN KNOWN TO RAIN ALL WEEK LONG. WEATHER PATTERNS CAN CHANGE DRASTICALLY. TEMPERATURES CAN DROP TO THE MID 30's. WE DEAL WITH WILD ANIMALS THROUGHOUT THE SUMMER. WE PUSH FLUIDS AS DEHYDRATION CAN BECOME A PROBLEM AS WELL AS ALTITUDE SENSITIVITY. ACCLIMITIZATION TO THE AREA STARTS ABOUT THE TIME YOU HAVE RETURNED HOME FROM THE TREK.

THE FOLLOWING ARE B.S.A. AND COLORADO REGULATIONS PERTAINING TO THE HIGH ADVENTURE PROGRAMS AT SPANISH PEAKS SCOUT RANCH.

ALL ADULTS AND YOUTH MUST FILL OUT A TYPE 3 MEDICAL FORM AND HAVE A CURRENT PHYSICAL FOR THE YEAR THEY ATTEND THE ACTIVITY. [ WE WILL SEND THESE FORMS OUT AS THERE ARE SPECIAL COLORADO REQUIREMENTS ADDED TO OUR FORMS ]. Parents and appropriate health professionals must sign them

ADULTS AND YOUTH ARE SCREENED AT CAMP AND EVALUATED AS TO THEIR FITNESS & HEALTH. A SKILLS PROFECENCY TEST MAY BE GIVEN IF THERE IS A QUESTION INVOLVING HEALTH AND SAFETY OF THE PARTICIPANT

ALL YOUTH PARTICIPANTS MUST HAVE SIGNED PERMISSION FORMS TO TAKE PART IN THE ACTIVITIES. THERE ARE SIGNED FORMS FOR ANY ACTIVITIES THAT PARENTS OR GUARDIANS FORBID THEIR CHILDREN FROM PARTICIPATING IN.

ALL YOUTH PARTICIPANTS MUST BE AT LEAST 13 YEARS OF AGE BY JANUARY 1 OF THE YEAR THEY INTEND TO PARTICIPATE IN THE ACTIVITIES

ALL PARTICIPANTS ARE MEMBERS OF THE B.S.A. ALL CREWS HAVE A MINIMUM OF 4 AND A MAXIMUM OF 12 PARTICIPANTS

IF THERE ARE CO. ED. CREWS THERE IS FEMALE LEADERSHIP WITH THAT CREW.PERFERABLY THE LEADERSHIP IS A HUSBAND AND WIFE TEAM.

THERE IS TWO DEEP LEADERSHIP with at least one adult being 21 or older

WITH ALL CREWS ATTENDING. IF THERE ARE CONTINGENCY CREWS PRIOR COMMUNICATIONS ARE MADE WITH THE CAMP AND ARRANGEMENTS ARE MADE BEFORE ARRIVAL

SPSNISH PEAKS SCOUT RANCH  
HIGH ADVENTURE GENERAL MENU

THE FOLLOWING MEALS ARE A GENERAL OVERVIEW OF FOODS SERVED AS TRAIL MEALS FOR THE HIGH ADVENTURE PROGRAM. ACTUAL MENUS DEPEND ON THE LEGNTH OF YOUR SELECTED TREK AND REQUIREMENTS OF THE CREW. Please notify us if there are any food allergies among the group prior to your arrival

BREAKFASTS

BREAKFAST # 1. HOT GRANOLA -- HOT JELLO -- FRUIT BOOSTER BARS -- DRIED FRUIT ASSORTMENT -- COCOA, COFFEE, TEA, DRY MILK, CREAMER, SUGAR, APPLE DRINK

BREAKFAST # 2. RICH MOOR MEAL #2 WITH TORTILLAS AND CHEESE, COCOA, COFFEE, TEA, CREAMER & SUGAR

BREAKFAST # 3. HOT OATMEAL -- HOT JELLO - -FRUIT BOOSTER BARS -- DRIED FRUIT MEDLEY -- COCOA, COFFEE, TEA, DRY MILK, TANG BREAKFAST DRINK CREAMER & SUGAR,

BREAKFAST # 4. CREAM OF WHEAT -- GRANOLA BARS -- PEANUT BUTTER & JELLY -- FRUIT TRAIL MIX -- COCOA, COFFEE, TEA, DRY MILK, SUGAR, "TANG"

BREAKFAST #5. RICHMOOR BREAKFAST #5 WITH TORTILLAS --COCOA, COFFEE, TEA, HOT JELLO, CREAMER & SUGAR

BREAKFAST # 6. FRUIT AND RICE--MINUTE RICE--DICED FRUIT MEDELEY-- GRANOLA BARS--HOT JELLO-- BREAKFAST DRINK MIX--CEREAL TRAIL MIX

BREAKFAST # 7. WAHATOLLA RANGER TRAIL CREW BREAKFAST -- PANCAKES-- SAUSAGE -- HASH BROWNS -- FRESH BISCUITS-W-BUTTER & HONEY -- EGGS -- ORANGE JUICE, COCOA, COFFEE, TEA, CREAMER & SUGAR.

LUNCHESES

TRAIL LUNCH # 1. SUMMER SAUSAGE -- CHEESE -- CRACKERS--GRANOLA BARS -- BUG JUICE -- TRAIL MIX

TRAIL LUNCH # 2. GRANOLA BARS -- BEEF STICKS -- CRACKERS--P.B.& JELLY -- DRIED FRUIT -- BUG JUICE

TRAIL LUNCH # 3. PEPPERONI -- SQUEEZE CHEESE -- CRACKERS--FRUIT BOOSTER BARS -- BUG JUICE -- TRAIL MIX

TRAIL LUNCH # 4. JERKY -- CANDY BARS -- SQUEEZE CHEESE--CRACKERS -- BUG JUICE -- CEREAL TRAIL MIX

TRAIL LUNCH #5. SPREADABLES -- CHEESE -- PILOT BISCUITS--DRIED FRUIT MIX -- COOKIES -- BUG JUICE

TRAIL LUNCH # 6. {HOT LUNCH} RAHAMAN NOODLES -- CRACKERS

SPREADABLES -- P.B.& JELLY -- COCOA, HOT JELLO, COFFEE, TEA,

#### SUPPERS

SUPPER # 1. HAMBURGER HELPER [MEXICAN STYLE ]--REFRIED BEANS--PRECOOKED HAMBURGER--TORTILLAS--DRIED FRUIT--PUDDING--COOKIES--BEVERAGE, COCOA, COFFEE, TEA

SUPPER # 2. MACARONI AND CHEESE DINNER WITH TUNA--VEGETABLE SOUP--PITA BREAD--CHEESE CAKE--BEVERAGE, COCOA, COFFEE , TEA

SUPPER # 3. CHICKEN AND RICE DINNER WITH STUFFING--DRIED PEAS AND CARROTS--LEMON PIE--DRINK MIX, COCOA, COFFEE, TEA

SUPPER # 4. QUICK POT PASTA-W- HAM AND SOUP STARTER VEGETABLES VANILLA WAFERS AND PUDDING--BEVERAGE MIX COCOA, COFFEE, TEA

SUPPER # 5. STROGANOFF-W- CORNED BEEF--AND POTATOES--DRIED CORN--CHERRY CHEESE CAKE--BEVERAGE--COCOA, COFFEE, TEA

SUPPER # 6. CHICKEN PARMESAN OVER NOODLES WITH WHITE SAUCE, VEGETABLE SOUP--DRIED FRUIT MIX-- COOKIES, BEVERAGE, COCOA, COFFEE, TEA

SUPPER # 7. RAHMAN NOODLES -W- VEGETABLES AND CHICKEN--RAISINS & RICE WITH CINNAMON AND SUGAR --CANDY BARS--DRINK MIX

SUPPER # 8. RICE-A-RONI WITH HAM DINNER-- DRY PEAS--APPLE BROWN BETTY, COOKIES. BEVERAGE, COCOA, COFFEE, TEA

SUPPER # 9. WAHATOLLA RANGER--TRAIL CREW STEW--

TRAIL MIX-- CEREAL TYPE: FRUIT LOOPS, GOLDEN GRAHAMS, O's, LUCKY CHARMS, HONEY COMB, CORN POPS." MULTI GRAIN CHEERIOS"mineature marshmallows [ MIXED IN EQUAL AMOUNTS AND BAGGED ]

TRAIL MIX--NUT TYPE: 2- PEANUTS, 1- SOY NUTS, 1- WHEAT NUTS, 1- SUNFLOWER SEEDS,

2-MIXED NUTS, 2- CORN NUTS, 1- REESES PIECES, 1- RAISINS AND 1- DATES.

TRAIL MIX--CANDY TYPE: 1-M&M PLAIN, 1- M&M PEANUT, 1- M&M ALMOND, 2- PEANUTS, 2-RAISINS, DATES, BRIDGE MIX, CHOC COVERED RASINS, BURNT PEANUTS, CAROB NUTS, YOGURT RASINS

TRAIL MIX--FRUIT TYPE: 1- DICED FRUIT MEDLEY, 1- COCANUT, 1- RAISINS, 1- DATES, 1-PINEAPPLE, 1-PAPAYA, 2- PEANUTS, DRIED CRANBERRYS, CURRANTS

MEALS ARE CALCULATED FOR FOUR PERSONS

STAPLE ITEMS INCLUDE SALT AND PEPPER, SEASONINGS, COFFEE AND TEA, SUGAR AND CREAMERS, DRY MILK, OLIVE OIL. PEANUT BUTTER, HONEY, JELLY, BUTTER BUDS, TOBASCO.

## Spanish peaks scout ranch Itinerary proposal

**The Following Proposals Are For Hiking, Backpacking / Mountaineering, And Peak Climbing Treks In The San Carlos District Of The San Isabel National Forest. The Areas Included Are The Spanish Peaks, Purgatory, Bear Lake, Spring Creek, And Indian Creek Areas. The Map Included Shows The Trail Systems To Be Used And The Drop-off And Pickup Points On These Trails. Overnight Camping Areas Are Marked Also.**

**In All Of Our Outdoor Experiences, Spanish Peaks Scout Ranch Uses The Wilderness As A Teaching Tool. Minimum Impact Camping, "Leave No Trace", Ecology, Forestry, Geology, And Area History, General Hiking, Camping, Backpacking And Mountaineering Skills Are Touched Upon. Other Skills Such As, Preparedness, Self And Group Environmental Awareness, Leadership Skills, Decision Making, And Public Awareness Through Education Of Proper Techniques Are Also Included In Our Programs. Most Programs Are Summer Based But We Also Lead Into Discussions Of Methods During The Fall And Winter Months. We Also Impress Service To Others And Stewardship To The Land By Volunteering Our Services For Conservation Projects To Area Landowners And State And Federal Entities. We Are Continually Training New People In These Areas To Work With The Youth Of Today. Leave No Trace Is A "New" Program That Got Some Of Its Roots From Our Wilderness Awareness And Outdoor Code Programs That Started In The Late 1950's**

## Spanish Peaks Scout Ranch Trail Crew Projects

1. Flagging And Marking Existing Trails.
2. Clearing Downed Timber And Debris And Stumps From Trail .
3. Clearing Intruding Small Trees And Shrubs From Trail Tread.
4. Clearing Overhead Branches From Trail Areas.
5. Rocking Up Creek Crossing Areas. [Possible Stream Conservation Work].
6. Bridging Larger Stream Areas With Logs.
7. Ricking Wet, Boggy Areas With Logs To Build Tread.
8. Water Bars And Diversions On Sloping Trails.
9. Barriers For Switch Back Cuts.
10. Cleaning Up Other's Trash, Trail Campsite & Firings.
11. Rerouting Trails Into More Feasible Areas [U.S. Forest Service, Or Land Owners Permission].
12. Laying Out And Building New Trail Systems [Same As Above].
13. Applying More Permanent Markers On Designated Trails.
14. Educate Participants In The Leave No Trace Programs.
15. Clearing Camping Areas For Overnight Use.
16. Posting Gates With Please Close Gate Signs.

## Spanish Peaks Scout Ranch ADOPT A TRAIL PROPOSAL:

The Scout Ranch has been utilizing trails on private and public lands for the past 30 years. We have used youth conservation groups as well as other individuals to help establish and maintain existing trails in the Spanish Peaks area. The conservation job requirements for merit badge and awards were used to create the trail crew program. It was utilized to train staff and campers in good conservation and trail ethics habits. Projects ranging from one hour to all day were available mainly in keeping trails, water areas, and camping areas clean.

Brush clearing, trail marking, clearing debris and hazardous limbs were also projects done as general trail maintenance. Because this is a total volunteer program, these projects all varied as to the amount of work done from year to year. Numbers of volunteers, age, abilities, and desires of the participants, were also factors involved in the quality and completeness of the projects.

The Scout Camp provided tools and equipment for these projects until around 1979, when some Forest Service tools were loaned for the program. We continue to utilize some Forest Service tools at the Scout Ranch for a fire cache and trail purposes, these are inventoried annually.

In past years some of the projects and volunteer work took place in other areas of the San Isabel National Forest including: Holy Cross, Leadville, Rainbow Trail, Indian Creek Trail, Music, Mosca, Zapata and Blanca Basin areas.

Some projects accomplished were: Fire ring and primitive site clean up, Trash hauling, Trail clearing and cleaning, Construction of water bars, diversion dams, and switch back barriers. Rocking stream crossings, Stream bank development, Ricking or Bridging of wet areas. Conservation projects in erosion areas. Meadow cleaning of litter and debris. Education to public on creating litter, Wilderness areas, Leave no Trace camping, Border fence repair, Repairing gates into pasture land and signs on gates, (Please Close Gate).

We would gladly continue to utilize these groups in the future, but with the more stringent regulations and possible change in management protocol we would need to be instructed on any tasks that need to be accomplished.

## **SPANISH PEAKS SCOUT RANCH HIGH ADVENTURE CRITERIS FOR STAFF AND PROGRAMS**

### **EDUCATION , EXPERIENCE, SKILLS AND CERTIFICATION CRITERIA FOR HIGH ADVENTURE PROGRAMS:**

The Santa Fe Trail Council Operates Spanish Peaks Scout Ranch Located In The Spanish Peaks Area. This Is A Boy Scout Camp That Has Been In Existence Since About 1966. The Camp Is Regulated by Many Agencies and Goes Through Inspections on A Yearly Basis. The Programs And Staff Members Must Meet Criteria Set Forth By The Boy Scouts Of America, Colorado Child-care Laws Set Up For Camps, Fire, Safety And Health Statutes Outlined By State And County Agencies, And Protocols From The Forest Service And Colorado Division Of Wildlife. Programs Must Meet All Health and Safety Standards In Order To Operate. Staff Members Utilized For The High Adventure Programs Must Meet Ability And Personality Standards As Well As Age And Carry Certain Credentials, And Certifications. For All Requirements Please Refer to {B.S.A. National Standards for Scout Camps and High Adventure Bases, And Colorado Minimum Standards for Children's Camps}

The Following Standards Are A Sampling And Apply to High Adventure Staff Members at Spanish Peaks Scout Ranch:

1. Directors Have Background And Expertise in the Areas They Oversee.
2. Minimum Age For High Adventure Director Is 21 Years { Preference Of 25 Yrs}
3. Directors And Staff Members Carry Current Certification In CPR
4. Directors and Staff Members Are Certified In Red Cross Multimedia First Aid or Equivalent. {This Is A Minimum Standard}
5. Directors And Staff Are Familiar With Rescue Techniques Associated In The Areas They Work
6. Directors and Staff Members Are Trained To Deal With Environmental Factors That May Affect Their Programs {Wind, Rain, Lightening Etc.}.
7. Directors And Staff Members Are Knowledgeable In The Symptoms Of Hypothermia, Hypothermia, Altitude And Other Health Factors While Working With Participants, And Know Treatment Or Evacuation Procedures.
8. Staff Members Are Familiar With Policies In Dealing With Campsites, Sanitation, Water Sources, Wild Animals, And Forest Regulations And The "Leave No Trace Program".
9. First Aid Equipment And Rescue Equipment Is On Site In Climbing Areas
10. The Climbing Director Is At Least 21 Years Old And The Climbing Staff Is At Least 19 Years Old.
11. Backpacking Staff Members Are Preferred To Be A Minimum Of 17 Years Old
12. Directors and Staff are briefed On the Goals of the Programs They Teach along with The Underlying Principles Of, " The Personal Challenge".
13. Staff Members are instructed In the Individual's, As Well As the Group's Desires for the Type of Experience They Wish To Gain.
14. Directors And Staff Members Are Briefed On Basic Counseling Skills Dealing With The Outdoors [Philosophies, Goals Of The Program, And The High Adventure Experience.]
15. Ratios For The Climbing Or Mountaineering Programs Are Two Deep Leadership, Two Staff Members Present At All Times, One Being 21 Years Old And The Other Being 19 Years Old, And Ratios Of One Instructor Per Five Participants.
16. Ratios For The Backpacking Program Are Two Deep Leadership, At Least One Adult Per Eight Persons And A Trail Guide. Crews Are Limited In Size To Not Less Than Four Participants And Not More Than Twelve [Not Including Guides].

## SPANISH PEAKS SCOUT RANCH GENERAL AREA INFORMATION

**LOCATION:** Spanish Peaks Scout Ranch Is Located About 65 Miles South Of Pueblo Colorado, And About 40 Miles North Of The New Mexico Border. The Closest Major Highway Is Colorado Interstate 25. This Highway Is About 16 Miles East Of the Camp as the Crow Flies. Philmont Scout Ranch Is About 108 Miles South West Of Spanish Peaks. We Are Their Nearest Council Camp. Spanish Peaks Scout Ranch Nests In A North Facing Valley Located on the East Spanish Peak (12,683 Ft Elevation). This Property Is Surrounded By Private Lands and National Forest. The Camp Is In A Fairly Isolated Area. Huerfano County Road # 340 is The Access Road Leading to the Camp then Dead-Ending In Private Property South of Us. The National Forest Encompassing About 12,000 Acres Borders the Camp In The Vicinity Of The Proposed Spanish Peaks Wilderness Area.

**TERRAIN AND TOPOGRAPHY:** The Camp Is Located On The Spanish Peaks 7.5 Minute Quadrangle Map. The Camps Elevations Range From 8300 Ft. To Over 9,000 Ft. With Valleys Extending Out Of The Mountain. There Are Small Streams In Some Of These Valleys With Various Types Of Timbered Forest Surrounding Them. These Forests Are Very Diverse, Containing Many Types Of Trees And Shrubs. The Area Is Also Abundant With Plants, Wildflowers, And Wild Animals. Many Of These Plants Have Herbal Uses According To Local Elderly People.

There Are Large Rock Walls That Radiate Out Of The Mountains Called "Dikes". Only Two Other Areas in the World with Similar Geological Features Are Known. The Location Is Truly Unique And Has Been Designated A Natural Area The Camp Area Is Considered Semi. Arid, But It Usually Gets Afternoon Showers Throughout The Summer. The Temperature Can Vary Greatly And The Thermometer Has Been Known To Drop Into The Mid 30,S Even In June, July, And August. The Hiking And Backpacking Trails Utilized By The Camp Vary In Elevation From 8,000--To 10,000--Ft Of Elevation With Climbs Of The Areas Mountains As High As 13,600+Ft. There Are Also A Few "Fourteeners" Nearby (Within 50 Miles

**CAMP AREA;** The Scout Ranch Encompasses An Area Of About 300--Acres With Trails And Program Opportunities On Private Adjoining Land As Well As U.S. Forest Service Land. There Are Eleven Original Campsites With All Of These Under Utilization At The Present Time. Total Capacity With Campers Leaders And Staff Runs About 350 Persons Per Week During The Summer. The Camps Operational Schedule Normally Runs From Mid June To Mid August. Scout Groups Utilize The Property And Program Areas Mostly During This Time. Other Groups Schedule For Use When Camp Is Not In Session. This Camp Is A Primitive Camp Set Up For Patrol Methods And Cooking In The Campsites. Wood Is Still Available And Utilized As Desired, Barring Any Local Drought Fire bans By Local Authority. Most Groups Have Gone With Propane Or Coleman Fuel. Meals Are Prepared By The Troops In Their Campsites But Some Meals Are Prepared At A Central Area And Are Eaten Chuck Wagon Style With Troops Rotating Through The Meal Line And Dish Wash Line, For Cleanup, In The True Patrol Tradition. Troops Bring Their Own Personal Cooking And Camping Gear, The Camp Provides Tents, Platforms, Picnic Tables And Latrine Facilities

Currently The Camp Is Under Redevelopment. Diseased Trees Are Being Cut. Some Campsites Are Being Enlarged While Others Retired. New Latrines Are Under Construction. Pipelines And Water Systems Are Being Upgraded. The Process Is Slow For Lack Of Funds For Projects. There Are Family Camping Areas Available To Families Of Scouts Attending Camp. These Are Primitive And Limited To Six At This Time. Many Families Camp In The Sites With The Scouts And Get Involved With The Regular Camp Program. It Needs To Be Noted That These People Have Previously Made This Arrangement And Come As Part Of The Troop And Pay The Regular Camping Fees.

**PROGRAM:** Spanish Peaks Scout Ranch Is Also Remodeling It's Program Opportunities For Youth. New Programs Are On The Drawing Board, While Old Ones Are Being Pulled Out, Dusted Off And Put Back In Place. This Camp Lends Itself To The Rough And Tough Scouting Of Generations Past. The Areas Primitive Beauty Along With Its Rugged Terrain Calls For Utilization Of Scout Skills Of The Older Generation. Some Of The Programs Will Be Utilized To Bring This Out In Today's Young People. Other Opportunities Are Tremendous; Patrol Cooking, Primitive Campsites, The Mountains, Rugged Terrain, Wild Animals, (Some You Don't Really Want To See!), Wildflowers, (Some Rare) And An Area Rich In History, Legend, And Geologic Uniqueness Make This Little Camp In The Woods, A Hidden Gem!

**MERIT BADGES & STAFF:** Most Of The Camps Merit Badges Are Found In Any Scout Camp. Some Of These Merit Badges Tend To Lead On Into More Advanced Exciting Outpost Opportunities. This Is Our Goal: To Develop These Potential Outposts For The Older Scout Along With Our Current Backpacking And Rock-Climbing Programs. This Will Create A Scout Camp Capable Of Servicing The Young Scout As Well As The Adventuresome Older Scout Or Explorer. Current Common Areas Are: Trail To First Class, Field Sports, Ecology, Scout Craft, Handicraft, First Aid/E.Pre. And High Adventure. These Areas Are Supported By; Commissary, Staff Cook, Quartermaster / Maintenance Personnel, Commissioners, Trading Post, Chaplain Service, Health Lodge, As Well As Management Staff. This Staff Encompasses About Forty Persons Along With The Help Of Counselors In Training, (C.I.T.), And Other Volunteer Leaders. We Utilize Help From Anyone Who Is Qualified For A Specific Program. All The Person Has To Do Is Be Willing And Follow Outlines And Protocol To Meet Criteria Set Forth By The B.S.A.

**HIGH ADVENTURE Backpacking:** These Programs Include Hiking And Backpacking Opportunities Ranging From One Day To Five Days. There Are Special Trips Available In The Area From Six To Twelve Days In Length. These Program Opportunities Are Much More Advanced.

Rock-Climbing Is Another Program Available To The Older Scout. The Climbing And Backpack Programs Take Place On Private Properties As Well As United States Forest Service Lands . Trails And Activities Within U.S. Forest Service Lands Are Permitted With An Allowable Number Of Service Days Equaling About 45 Backpackers A Week On The Trail Systems. Our Permit Number Is 900333 Issued To Doug Bressan As An Agent Of Spanish Peaks Scout Ranch. The Climbing Program Is Also Limited And Regulated Currently With A Staff Of 4 We Are Capable Of Instruction For 24 Participants Per. Week.. As Mentioned Earlier There Are More Advanced Outposts On The Drawing Board That Need Review, Outlines, Staff Training As Well As Financing For Staff, Supplies And Equipment. . These Living History Outpost Areas Delve Into Indian And Mountain Man Eras And Skills . The Other Program Area Involves Logging And Lumberjack Skills And Blacksmithing.

# SPANISH PEAKS SCOUT RANCH

## GENERAL INFORMATION

Spanish Peaks Scout Ranch Offers Opportunities To Other Groups In The Off Season . We Have Serviced Youth And Church Groups, At Risk And Challenge Groups. High School And College Groups, As Well As 4-H , Girl Scouts, Home Care And Hospice Staff And Patients, For Outings, Retreats And Other Get Together's. We've Even Had Weddings On The Property!! Some Groups Utilize The Camp As A Base While Touring, Rafting Or Skiing, In The Local Area.(But Remember We Are Primitive) .The Scout Ranch Has The Capability Of Placing About 75- Persons In Its Buildings In The Off Season. The Water Systems Are Operational From May 20 To Around Sept.20. Most Showers Are Outdoors And Toilet Facilities Are Not The Flushing Type. Winter Activities Are Usually Held On Weekends And When There Is Adequate Snow There Are Areas To X/C Ski, Sled And Tube. Ice Fishing (Small Pond) Sightseeing, Photography, And Hiking Add To The Adventure In This Winter Wonderland. There Is A New Multi Purpose Building On The Drawing Board That Would Somewhat Modernize And Greatly Enhance Both Our Summer And Off Season Capabilities. . Snow Depths Vary From Year To Year And Range From None To A Few Feet..... The Temperature Also Varies Averaging In The 30's With Highs In The 50's And Lows Dropping To Well Below Zero. .Summers Average In The Low 80's With Cool Nights Sometimes Dropping Into The 30's. Come Prepared! Local Towns In The Area Can Provide Services For Travelers Walsenburg And La-Veta Are The Closest, About 17-Miles On Dirt Roads. Most Groups Come From Quite A Distance. The Following List Are Things Found In Our Area Of The State.

### Southern Colorado Attractions

For Troops Or Groups Traveling Into Our Neck Of The Woods:

1. Philmont Scout Ranch, 108-Miles South
2. N.R.A. Whittington Center . National Rifle Association 75-Miles South
3. Mount Capulin Volcanic Site 80-Miles South
4. Great Sand Dunes National Monument. 75--Miles West
5. The Royal Gorge And Buckskin Joe's. About 2-1/2 Hours North And West
6. River Rafting On The Arkansas River. About 2-1/2 Hours North And West.
7. Cripple Creek (Gold Town: Gambling& Scenery) About 3 Hours
8. Colorado Springs: Camp Carson (Army) Air Force Academy N.O.R.A.D.. Seven Falls- Cave Of The Winds- Santa's Workshop- Garden Of The Gods Colorado Springs Zoo--Will Roger's Shrine- Cowboy Hall Of Fame - Rocky Mountain Elk Foundation.-- Olympic Training Center And Much More...2-1/2
9. Canon City-- Territorial Prison-Dinosaur Excavations 2-1/2 Hrs.
10. John Martin Reservoir At Las Animas 2nd. Largest Impoundment In State Fishing Boating Etc. 2-1/2 Hrs East
11. Bents Fort (Historic Site) And The Koshare Indian Kiva (Dancers) 2 Hrs East Also Historic Farming Areas Along The Arkansas River
12. Pueblo ,Lake Pueblo First Dam On The Arkansas River--Museums And Other Attractions
13. There Are Many Day Trips On Mountain Highways Taking In Scenery And Unique Other Sights.
14. Colorado Highway 12 "The Scenic Highway Of Legends" Surrounding The Spanish Peaks Area. Taking In Coal Mining History-- U.M.W.A. Monument(Ludlow) Cokedale-- Lake Trinidad. Very Informative Local History
15. San Luis -Oldest Town On Colorado--Home Of Stations Of The Cross. Further South Is Taos And Santa Fe New Mexico
16. There Are Many Scenic Drives High Lakes And Mountain Trout Fishing Opportunities---Need 4/4 Vehicles. Contact U.S.F.S. At La-Veta. For Maps Blanca , Westcliff- Cucharas, Purgatory Area---State Wildlife Areas
17. Further West ---Cumbres-Toltec Narrow Gauge Railroad-----Durango- Silverton Narrow Gauge Railroad---Mesa Verde---Indian Reservations Extending Into The Four Corners Area
18. Ski Areas Within 3 Hours---Cucharas--Rio Costilla--Monarch--Wolf Creek---Taos..Ranging From Beginner To Expert Runs Various Snow Conditions.

These Are Just A Few Of The Attractions In Our Part Of The State The Spirit Magazine, Published In The Area, Addresses Other Interesting Things And Also Local Chambers Of Commerce Can Help For Meals And Accommodations Walsenburg-- 719--738--1065 Laveta----719-742--3676, United States Forest Service , San Carlos District--Maps And Information Located In La-Veta. 719---742--3681...

## Spanish Peaks Scout Ranch 2000 High adventure pre trek planning

**High adventure programs at camp require a group or troop to decide many things. These all relate to the individuals as well as the groups abilities and desires. Personal habits and ordinary lifestyles must be factored in as well as physical handicap or health problems. Lifestyle plays an important role in ones ability to take on the physical and mental stress of backpacking in the Spanish Peaks area. . First the group has to identify a common set of goals, not just backpacking or climbing a mountain but some outward and inner goals that may be achievable while" you are out in the wilderness".**

Some things to look at as factors among the trek crew are: ages, physical and emotional abilities of the participants, maturity, stamina, reaction to pain from sore muscles, blisters etc., acquired on the trail. What are the personal and group challenge goals? Who are the most athletic and least physically prepared? Which participants have old injuries or disabilities, health problems, joint surgeries, medications, diet considerations or food allergies? From looking at past experiences of the group, Will anyone end up dealing with illness, diarrhea, dehydration, hypothermia or altitude problems while on the trail? What about food & meal preparation & sanitation. Is everyone safety minded? Do these people listen and follow rules and direction? Do they use common sense in handling uncommon situations? Will everyone be comfortable in dealing with each other along with wild animals, other people and domestic herds of animals encountered along the trail? How do we feel about becoming disoriented or lost?

It sounds really bad, but people need to be informed as to the worst that can happen. People have become ill or injured, been visited by bears, fallen into streams, been struck by lightning, acquired waterborne parasites, and been run through a gauntlet of other adventures while "out there". Some have even died.

Being physically and mentally prepared and knowledgeable of what can happen and how to deal with it can greatly enhance one's survival rate as well as ones sense of enjoyment while "in the wilderness".

There are environmental factors involved in setting up a trek; length of time, mileage, elevation gain and loss, rough terrain, weather patterns, altitude, heat & cold, rain, hail, snow, lightning, cloud cover and fog and its effects on your person and the goals of the group. Most groups that come cannot properly acclimatize to our area before they take on a trek. Ones physical activities and metabolism change when environment, altitude, food changes, physical exertion and stress, along with fatigue and other environmental conditions present themselves.

The Groups going out on the trail are led by experienced people who have been "out there" and are oriented on how to deal with the environmental considerations mentioned herein. Your job as a trek leader is to identify the human factors of your group and properly deal with them by communication with your crew and guide as well as endow the participants with proper information and precautions to be utilized when taking a backpacking excursion at Spanish Peaks Scout Ranch.

## Spanish Peaks scout ranch Pre trek planning outline

- Summer schedule, -- costs
- Out of camp pre trek or post trek opportunities
- Maps, brochures, Leave no trace information
- Planning letter planning outline
- U.S. forest service permit numbers, service days, private land
- Age and physical limitations
- Area elevation, trail mileage, weather patterns and hazards
- Environmental considerations – bear information
- Treks available, days, mileage, gain, rating in roughness
- Trek rating and itinerary options
- Minimum and maximum crew numbers, weekly trek total numbers
- Recourse surveys to return to us
- Medical information, parent permission and release of liability
- Personal equipment lists
- Equipment we can provide
- Menus and meal prep. information
- U.S.F.S. adopt trail info.
- training - [ hike with 40# packs up and down hills or stadiums- average 7-10 miles a day ]
- Recourses--backpacking merit badge book, field book
- Transportation and drop-off points
- Trek options .....Trail decisions.....
- Base camp operations-- arrival checklist
- Meeting to set treks, itineraries, meet directors and guides
- Outline of trek orientation – L.N.T. & what we can teach on the trail
- rosters of participants, typical pack breakdown
- guides meet with crews to check food, equipment and personal gear
- crew depart times and places
- crew arrival back in camp, check in of equipment, evaluations tie loose ends
- evaluations of your trip
- check out of camp

## Spanish Peaks scout ranch High adventure orientation outline

- Welcome-meet directors and guides for backpacking and climbing programs
- Identify troops and crews, leadership and participants,
- Overview of philosophy
- Review physical abilities and age requirements
- Discuss the trek leaders [old guy's conditions]
- Review treks and options
- Identify group's goals and place rangers; identify personal goals or challenges
- Check abilities of groups and all required information releases, medicals etc. review medical forms and discuss health and safety
- Climbers break to discuss their programs
- Break large crews. Demonstrate a pack breakdown
- Review food and needed equipment check it out as needed
- Rosters completed, signed and delivered to doug!
- Discuss itineraries as to let them know what to expect
- Identify Physical and mental challenges ***mental flexibility***
- Review environmental considerations and bear protocol
- Females on the trail -- special considerations
- Groups of four – working together
- Trail conservation and crew projects
- Private lands and their access our promise to landowners
- Our promise to the U. S. Forest service

Effects on backpackers, -- Acclimatization, altitude, physical abilities, health or handicap, elevation gain & loss, terrain, trail tread, weather, stress, fatigue, dehydration, hypothermia or hypothermia, muscle soreness, blisters, injuries, safety, physiological effects.

Listed items we can teach on the trail: G.P.S. Leave no trace, map & compass, Backpacking M.B., local Geology, Forestry, plants, area history, stories and legends, mountaineering, safety, camping, cooking, stoves and equipment, weather, water filters and water purification, Wild animal precautions, Meals, food prep. and cleanup, garbage and waste, trail sanitation, stove and fuel safety, campsite setup precautions, bear bags, fires, personal equipment care, group equipment, emergencies and communications, Trail hiking safety, environmental hazards, rock and snow safety. These items for discussion will vary as to the experience and technical knowledge of each guide. Most trek groups have persons with expertise in areas, sharing knowledge and experience among the group is appreciated, As it rounds out ones experience in the outdoors

# SPANISH PEAKS SCOUT RANCH COURSE CONTENTS EVALUATION

Name \_\_\_\_\_ Unit \_\_\_\_\_ date \_\_\_\_\_

Number in crew \_\_\_\_\_ home town \_\_\_\_\_

Please rate program parts as they were presented to you. Rate 1-10  
poor to excellent.

At the end of this form please add constructive criticism only. What you  
would change and why, how you would change it. and anything you  
would add.

What was your overall impression of The Course?

\_\_\_\_\_  
\_\_\_\_\_

How was the course presented by the instructors?

Handouts \_\_\_\_\_

Demonstration of equipment \_\_\_\_\_

Proper Techniques \_\_\_\_\_

Safety \_\_\_\_\_

Individual help \_\_\_\_\_

Understanding of concepts \_\_\_\_\_

Hands on experience \_\_\_\_\_

Length of course (shorter/longer) \_\_\_\_\_

Difficulty of course (harder/easier) \_\_\_\_\_

How could this course become better? \_\_\_\_\_

Overall comments or Suggestions on back of sheet

## **Spanish Peaks Scout Ranch** **High Adventure Evaluation**

- **Were the goals of the group identified? And attainable with persons within the group?**
- **Were safety precautions identified and met?**
- **Were rules and regulations reviewed and clarified?**
- **How was the food? Did meals, type, prep and site conditions teach something about menus, preparation, cleanup and sanitation?**
- **Was the Leave No Trace program impressed upon the participants?**
- **Did the group come together? Did operations run smoothly?**
- **Was there a good orientation to equipment use, safety, etc?**
- **Were environmental conditions and hazards identified?**
- **Was an underlying outdoor philosophy exposed to the participants?**
- **Were personal and groups goals fulfilled?**
- **Were participants informed as to the physical and mental challenges of their experience?**
- **Were close calls and mishaps discussed and evaluated?**
- **Did the participants attain a comfort level while being "out there"?**
- **Were there any unforeseen "problems" and were they discussed and remedied?**
- **Do the participants have any suggestions to improve the program?**
- **Were there any "Personalities" or personality conflicts on the trail?**
- **Do you feel the trail guide did his best? What do you feel were the Guides strong points?**
- **Did you have any problems in understanding or dealing with your trek guide?**

